



VINAYAKA MISSION'S COLLEGE OF NURSING
Kirumampakkam, Puducherry
A Constituent College of
VINAYAKA MISSION'S RESEARCH FOUNDATION
(Deemed to be University)

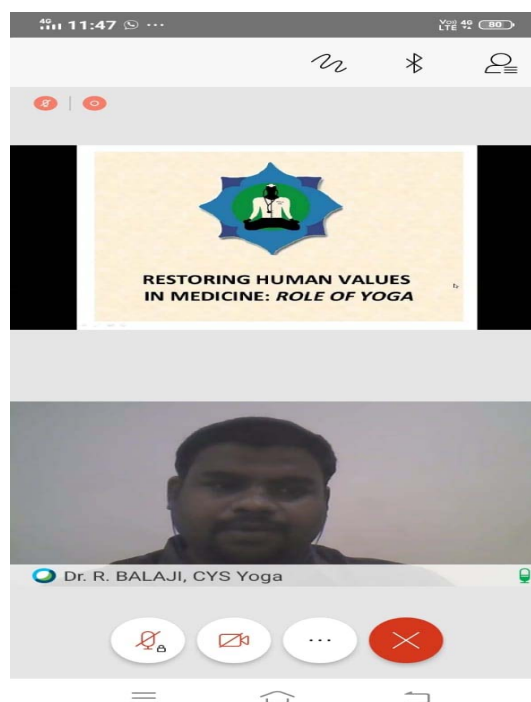
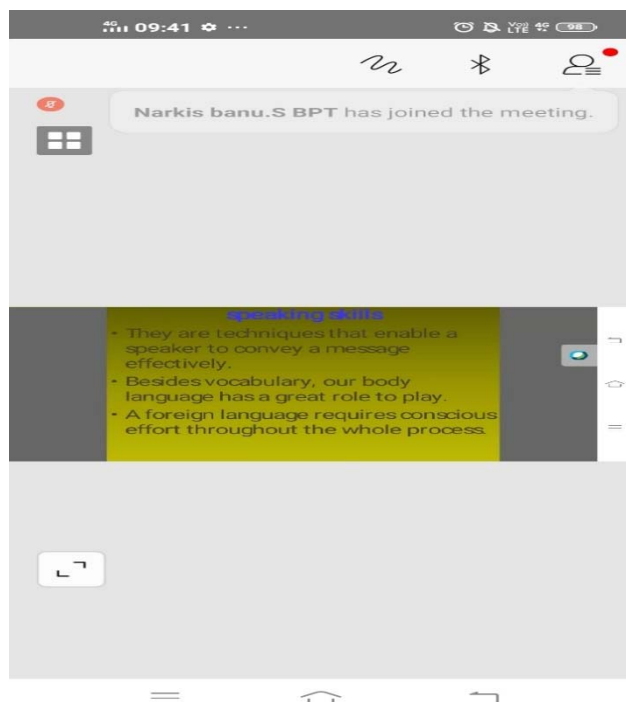



REPORT ON STUDENT INDUCTION PROGRAMME – 15.12.2020

Vinayaka Mission's College of Nursing, Puducherry organized the 8th day of Student Induction Programme on 15.12.2020. The programme was started at 9.30am. Ms.D.Anitha,SAHS, has welcomed the resource person and handed over the sessions to them.

The first session was started at 9.30am by Mrs.Kunguma Eswari, Assistant Professor in English,VMCON on "Spoken Skills". She discussed regarding the importance of the spoken skill and its importance among the health professionals. She has elaborated the various strategies to develop the spoken skills. The session was completed by 11 am.

The second session was taken by Dr.R.Balaji,CYS Yoga on the topic of "Restoring Human Values in Medicine: Role of Yoga". He has explained about the importance of Yoga and the Yogic Principles. He has also elaborated about the physiological, psychological benefits of yoga. Mr.Achudane, Yoga therapist has demonstrated the Suryanamaskar and the Chandranamaskar. They have instructed the students to practice the yoga daily. Totally 67 students have attended the program.




PRINCIPAL
VINAYAKA MISSIONS COLLEGE OF NURSING,
KIRUMAMPAKKAM, PUDUCHERRY - 607 403.

